



COCONUT DELIGHT

Ingredients:

- 1 kilo coconut stripe (8-month old coconut)
- 1 cup sugar
- 1 tablespoon lemon juice
- Food coloring
- Pandan leaves

Procedure:

1. Mix coconut stripe and sugar.
2. Set aside for about one hour to allow sugar to melt.
3. Cook over low fire.
4. Stir constantly.
5. Add pandan leaves and lemon juice.
6. Add food coloring.
7. Remove from fire when the mixture is thick and almost dry.
8. Place in a platter to let it cool and avoid sticking.
9. Weigh, pack and seal.

Source: PCA Region XII, Gen. Santos City